Lands End Beach, also known as Mile Rocks Beach, is a section of rocky shore close to the Lands End promontory. It sits between the gun fortifications of Battery Lands End and the searchlight of Battery Buck. In the early 1900s a treacherous trail followed the Lands Ends bluffs and ran down to the beach. This path was reclaimed by the ocean long ago.

Today visitors can get to the beach by descending a flight of 100 stairs off of the Lands End trail. It is a popular stop for hikers, who relish its spectacular views.

Top: Mile Rocks Beach in the late 19th century; Bottom: Mile Rocks Beach, 2012.