# THE KITCHENS

## FALL 2019 DAILY BREAKFAST MENU

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>BRUNCH 9 - 2</td>
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<td>BREAKFAST 7 - 10</td>
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<td>BRUNCH 9 - 2</td>
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</tbody>
</table>

### ETC
- CHEF’S CHOICE
- APPLE SCONES
- BANANA MUFFINS
- CHEF’S CHOICE
- BLUEBERRY SCONES
- CHOCOLATE CHIP MUFFINS
- CHEF’S CHOICE

### ALMOND POPPYSEED MUFFINS
- APPLESAUCE BREAD
- BLUEBERRY MUFFINS
- LEMON BREAD
- BANANA CHOCOLATE CHIP MUFFINS
- BANANA BREAD
- PEACH MUFFINS

### SIZZLE
- BREAKFAST BURRITO

### FLAME
- BISCUIT SANDWICH WITH EGG, CHEESE AND CHOICE OF SAUSAGE OR VEGGIE PATTY
- CROISSANT WITH AMERICAN CHEESE AND CHOICE OF HAM OR VEGGIE PATTY
- ENGLISH MUFFIN WITH PEPPERJACK CHEESE AND CHOICE OF SAUSAGE PATTY OR VEGGIE PATTY
- SLIDER BUNS WITH AMERICAN CHEESE AND CHOICE OF SAUSAGE OR VEGGIE PATTY
- BISCUIT SANDWICH WITH EGG, CHEESE AND CHOICE OF SAUSAGE OR VEGGIE PATTY
- QUESADILLA W/ CHEESE BLEND & CHOICE OF BEEF OR VEGGIE PATTY
- ENGLISH MUFFIN WITH PEPPERJACK CHEESE AND CHOICE OF SAUSAGE OR VEGGIE PATTY

### SWEET POTATO TATER TOTS
- HASH BROWN PATTY
- TATER TOTS
- HASH BROWN PATTY
- SWEET POTATO TATER TOTS
- HASH BROWN PATTY
- TATER TOTS

### CHEFS
- OMELET BAR
- BLUEBERRY PANCAKE
- BANANA FRENCH TOAST
- STRAWBERRY PANCAKES
- STUFFED FRENCH TOAST
- CHOCOLATE CHIP PANCAKE
- OMELET BAR

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**Cycle 3**
# THE KITCHENS

## FALL 2019 DAILY LUNCH MENU

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<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>11 - 2</td>
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<td>11 - 3</td>
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</tbody>
</table>

### ETC
- NEW ENGLAND CLAM CHOWDER
- MINIESTRONE
- ALL MEAT
- MEATBALL
- BBQ CHICKEN
- MEAT LOVER
- CREAMY CHICKEN
- TACO
- BBQ CHICKEN PINEAPPLE

### SLICE
- BROCCOLI CREAM
- VEGGIE RANCH
- MUSHROOM AND BROCCOLI
- FOUR CHEESE AND SPINACH
- MARGARITA
- CAPRESE WITH BALSALMICO
- CREAM SPINACH
- CHEESE ROSEMARY FOCACCIA
- CHEESE ROSEMARY FOCACCIA
- CHEESE ROSEMARY FOCACCIA
- CHEESE ROSEMARY FOCACCIA
- PESTO CHICKEN CASSEROLE
- PESTO CHICKEN CASSEROLE
- PESTO CHICKEN CASSEROLE

### CHEFS
- BOLOGNESE PIE WITH BISCUIT TOPPING
- LEMON BROILED CHICKEN
- STUFFED PORK LOIN
- BBQ CHICKEN
- TURKEY POT PIE
- ROASTED TRI-TIP
- SPAGHETTI AND MEATBALLS
- CHARRED GARLIC BROCCOLI
- GREEN BEANS WITH FRIED SHALLOTS
- CARAMELIZED CARROTS
- BAKED BEANS
- APPLE, ENDIVE AND GRAPE SALAD
- SAUTÉED ZUCCHINI, PEPPERS AND TOMATOES
- ROSEMARY ROASTED POTATO
- CHIVE RISOTTO
- MASHED POTATOES
- POTATO SALAD
- SWEET ROLL
- CREAMY POLENTA
- GARLIC BREAD

### CHEFS V2
- CHEF'S CHOICE
- SPLIT PEA STUFFED PASTA SHELL WITH MARINARA
- MUSHROOM STRUDEL
- CHILE RELLENNO
- LENTIL MUSHROOM RAGU
- PASTA OF THE DAY

### PASSPORT
- CHEF'S CHOICE
- WILTED GARLIC CHARD
- ROAST BUTTERNUT SQUASH
- SAUTÉED CHAYOTE SQUASH
- GARLIC GREEN BEANS
- QUINOA STUFFED TOMATOES
- ANCHO ZUCCHINI AND ONIONS
- SAUTÉED BOK CHOY AND CARROTS
- LEMON GREEN BEANS AND CAPERS
- DRY-FRIED CHINESE GREEN BEANS
- CREAMED CHIPOTLE CORN
- COCONUT BASMATI RICE
- CREAMY POLENTA
- BUTTERED NOODLES
- STEAMED WHITE RICE
- CHIPS AND SALSA

### FLAME
- CHEF'S CHOICE
- HOT LINKS WITH PEPPER AND ONIONS
- PULLED CHICKEN SLIDERS
- MINI CORN DOGS
- CHILI DOGS
- CRISPY CHICKEN SANDWICH
- CHEF'S CHOICE

### SIZZLE
- CHEF'S CHOICE
- BREAKFAST BURRITOS

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*Cycle 3*
# The Kitchens

## Fall 2019 Daily Dinner Menu

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<tr>
<th></th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
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<td><strong>ETC</strong></td>
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<tr>
<td></td>
<td>NEW ENGLAND CLAM CHOWDER</td>
<td>BEEF BARLEY</td>
<td>CHICKEN CHILI W/ CILANTRO</td>
<td>SPLIT PEA &amp; SMOKED HAM</td>
<td>CHICKEN &amp; WILD RICE</td>
<td>NEW ENGLAND CLAM CHOWDER</td>
<td>CHEF'S CHOICE</td>
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<tr>
<td></td>
<td>MINESTRONE</td>
<td>BLACK BEAN</td>
<td>GARDEN VEGETABLE</td>
<td>LOADED POTATO</td>
<td>SPLIT PEA KALE</td>
<td>TOMATO BISQUE</td>
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<td></td>
<td>JALAPENOS AND ONION</td>
<td>ARTICHOKE</td>
<td>KALAMATA OLIVES, ARTICHOKE AND FETA</td>
<td>MUSHROOM</td>
<td>JALAPENO</td>
<td>VEGGIE RANCH</td>
<td>GARLIC ARTICHOKE</td>
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<td>SLICE</td>
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<td></td>
<td>HOT AND SPICY BUFFALO SAUCE, JALAPENOS AND CHICKEN</td>
<td>PEPPERONI AND JALAPENO</td>
<td>CHICKEN AND OLIVE</td>
<td>BBQ BACON</td>
<td>CHEESE BURGER</td>
<td>CREAMY CHICKEN AND BACON</td>
<td>CUBANO</td>
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<td></td>
<td>PASTA PRIMAVERA</td>
<td>PASTA PRIMAVERA</td>
<td>PASTA PRIMAVERA</td>
<td>PASTA PRIMAVERA</td>
<td>CAESAR SALAD</td>
<td>CAESAR SALAD</td>
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<td>CHEFS</td>
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<td>BEEF LASAGNA</td>
<td>CHICKEN ALA KING</td>
<td>FRIED CATFISH AND TARTAR SAUCE</td>
<td>CHICKEN PICATTA</td>
<td>NEW YORK STRIP</td>
<td>SPAGHETTI AND MEATBALLS</td>
<td>SWEET AND SOUR CHICKEN</td>
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<td></td>
<td>ZUCCHINI AND ROAST PEPPERS</td>
<td>GREEN BEAN ALMANDINE</td>
<td>SAUTÉED OKRA AND TOMATOES</td>
<td>ARTICHOKE AND TOMATO SAUCE</td>
<td>MAPLE GLAZED CARROTS</td>
<td>STUFFED ZUCCHINI</td>
<td>STIR-FRY VEGETABLES</td>
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<td>CHEFS V2</td>
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<td></td>
<td>ROAST BUTTERNUT SQUASH</td>
<td>SAAG PANEER</td>
<td>STUFFED TOMATO</td>
<td>SPICY EGGPLANT AND BASIL</td>
<td>GRILLED CAESAR SALAD</td>
<td>CARAMELIZED ONIONS AND PEPPERS TACOS</td>
<td>CHEF'S CHOICE</td>
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<tr>
<td></td>
<td>ORZO PILAF</td>
<td>OLIVE-OIL WHIPPED POTATOES</td>
<td>DJL</td>
<td>BASMATI RICE</td>
<td>PESTO POTATO SALAD</td>
<td>GARLIC SESAME NOODLES</td>
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<td></td>
<td>WESTERN BURGER</td>
<td>TURKEY MELT</td>
<td>CHICKEN CORDON BLEU SANDWICH</td>
<td>PHILLY CHEESE STEAK</td>
<td>SPICY CHICKEN BITES</td>
<td>TERIYAKI PINEAPPLE BURGER</td>
<td>SOURDOUGH, SWISS AND TOMATO GRILLED CHEESE</td>
</tr>
</tbody>
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### Cycle 3