No Grades. No Tests. Learning...for the Joy of It!
Dear OLLI Community,

As we marvel with pride at the 18th year of OLLI@SSU, we want to highlight some of the tremendous accomplishments OLLI has had in the last year. It is important to acknowledge these milestones as we look toward the future.

- We launched the OLLI à la Carte series at Glaser Center in Santa Rosa
- Over 40 classes were awarded on scholarship, increasing access to continued learning
- Over 150 OLLI students participated in our student-led art, science and cinema clubs
- We met, and exceeded, a $5,000 challenge match for the third year in a row
- Our Legacy Circle grew to 17 members, one for every year of OLLI@SSU

In addition to these benchmarks, our members continue to tell us what OLLI means to them:

“Thank you so much for the lifeline to a new, wonderful, creative world of community.”

“Just about everyone in the program is enthusiastic about their topics AND teaching. That’s real kinship.”

“Thanks to great instructors, compelling topics, and lively discussions, OLLI classes have enriched my life by opening my ears and eyes to history, art, travel and culture.”

“OLLI has had a wonderful influence on my journey…I am hooked!”

Last year, with your support, we raised nearly $40,000 for scholarships and program enrichment. As we approach the end of this calendar year, we encourage you to join us in building the future by making a gift to OLLI. There are many ways you can give, including annual giving, planned giving and charitable IRA rollovers. Your gift will help support new initiatives as we explore expanded outreach to seniors across the county. This is YOUR program, and every gift matters. **Please use the enclosed envelope to donate today.**

We wish you and your family a warm and peaceful holiday, and look forward to seeing you in the new year.

With gratitude,

Carin Jacobs
Director

Mick Chantler
Advisory Board Chair
Volunteer Opportunities

In addition to financial support, there are other ways to help by volunteering on one of our committees.

If you are interested, please contact Carin Jacobs at carin.jacobs@sonoma.edu.

- **Advisory Board** meets quarterly to strategize about future planning for the program. Topics of discussion often center on financials, university updates, growth, special events, donor recognition and community partnerships.

- **Curriculum Committee** conducts an annual review of course proposals for the following academic year. Other functions include hosting faculty lunches, reviewing instructor evaluations and brainstorming new course topics.

- **Outreach Committee** is engaged with bringing more students to OLLI. They identify and implement marketing and audience development initiatives and work to strengthen our ties with multiple communities and new audiences.

- **Classroom Ambassadors** handle classroom logistics including course rosters, weekly handouts, new student orientation and distribution of catalogs to community organizations.

Join our OLLI community on Facebook!

Visit [www.facebook.com/OLLIatSSU](http://www.facebook.com/OLLIatSSU) and ‘Like’ our page to get OLLI updates, see what’s happening with our clubs and connect with your fellow OLLI students.
The Science Behind, Inside and Under World Famous Architecture – from Egyptian Pyramids to Dubai Skyscrapers

January 28 – March 4

How were the Egyptian Pyramids built? What is a flying buttress? How and why did the World Trade Center towers collapse? These and other architectural wonderments will be considered in this course, presenting the history of architecture in terms of the developments through the centuries in scientific understanding of how and why buildings stand up or fall down, in engineering techniques for constructing structures and in building materials. Egyptian, Greek, Roman, Romanesque and Gothic architecture, as well as architecture of the Industrial Revolution through the 20th century will be considered. One class period will be devoted to the history and science of building bridges. The final class period will consider the history and science of constructing skyscrapers.

Sally Heath, M.A. earned degrees in physics from the University of Michigan and from UC Berkeley. She taught physics for 35 years at Santa Rosa Junior College and received a number of teaching awards. Heath, a longtime OLLI student, has taught five previous courses in the OLLI program.

The Supreme Court and the Individual Citizen

January 28 – March 4

We tend to think the Supreme Court handles only big cases that change America’s entire legal landscape, but it also renders decisions that affect individuals. Using recordings of the live oral arguments between Court and counsel, and videos and interviews with the persons involved, we will examine those opinions that impact the rights of a disabled child, a woman trying to access her Roe vs. Wade rights, the private life of a gay man, a white student’s right to go to college and a grammar school boy’s religious (or non-religious) beliefs.

William J. O’Connor, J.D. is a retired attorney and judge/commissioner from San Francisco. He practiced law for 44 years litigating both criminal and civil matters, and later had a career in private judging. He has taught for OLLI at Dominican University, Sonoma State University and UC Berkeley, offering courses on the U.S. Constitution and the Supreme Court.
Exploring Opera: Journey through the Ages
January 29 – March 5

Explore history, music, vocal style and drama as opera develops across the centuries, from the 17th century through the 20th century. Each session focuses on a different period: Baroque (e.g., Handel), Classical (e.g., Mozart), Bel Canto (e.g., Rossini), Romantic (e.g., Verdi), Verismo (e.g., Puccini) and Modern (e.g., Britten). Experience opera’s excitement and beauty through performance clips of works by popular composers, like those above, and delight in gorgeous tunes of lesser-produced masters such as Paisiello, Bellini and Massenet. This course offers a perfect introduction for opera newcomers and a rich perspective for long-time fans. Join in this melodious “journey through the ages!”

James Sokol, M.A. worked in the opera world for over two decades after having begun his career under Beverly Sills at New York City Opera. He was a founding member of The Singers Development Foundation, an organization offering study grants to promising young opera singers. He worked on projects with Cincinnati Opera and Opera Company of Philadelphia, and has worked and lectured for San Francisco Opera.

Frank Capra and the American Dream
January 29 – March 5

During the Great Depression, Frank Capra’s movies offered common American citizens hope. In class, we’ll investigate his use of populism to express his belief in the people’s collective power by watching classic Capra films such as *Mr. Deeds Goes to Town*, *Mr. Smith Goes to Washington*, *Meet John Doe* and *It’s a Wonderful Life*. Capra believed fully in the American dream. Yet that faith would be severely tested in the 1940s, questioning whether his vision would survive. As we examine the American dream as it manifested itself in Capra’s life and films, we’ll have the opportunity to reassess our nation’s 21st century positions on such current issues as immigration, diversity, class and the role of government in American life.

Barbara Spear, M.A. holds a graduate degree in cinema studies from San Francisco State University and has watched and loved movies all her life. She has taught courses for OLLI that concentrate on classic Hollywood cinema, as well as general film courses at Sonoma State University and Napa Valley College.
Ethical, Moral and Legal Dilemmas
January 30 – March 6

A child is rushed to the hospital and requires emergency medical intervention to survive. The parents object on religious grounds. The emergency room doctor decides to operate on the child anyway. The child survives, but with complications. The parents sue the doctor and the hospital. Who should win? Who should lose? Why? People often are confronted with dilemmas that challenge ethical and moral values, and that can place them in legal jeopardy. In this course, you get to be the judge! The facts of cases will be presented dealing with constitutional, criminal, environmental, medical, business, internet and other thorny issues. You will get to vote on one of four potential outcomes for each case and find out how the court ruled.

Eric Sinrod, J.D. is of counsel to Duane Morris LLP and is an adjunct professor at Dominican University. He has tried large cases and has appeared before the United States Supreme Court. Eric has taught a wide variety of courses at the university level, and at Sonoma State University and other OLLI programs. He also creates a weekly blog and podcast.

The Art of the Deal: Literature and the World of Business
January 30 – March 6

A great course for those who have completed, or are nearing the completion of, phase one of life in the business world. The course will explore the world of business as it is represented in literature and film narrative. Using texts such as Miller’s “Death of a Salesman” and Joyce’s “Ulysses,” we will examine the representation of the salesman, a figure of the 20th century notion of an anti-hero. We will also look at American Transcendentalism as reflected in Melville’s “Bartleby, the Scrivener: A Story of Wall Street.” We will consider the ways the “workplace” has become a place for meaningful social exchange and satire in films. Reading is encouraged, but not required as audio samples will be played during lecture.

Tim Wandling, Ph.D. has taught literature in the English Department at Sonoma State University since completing his doctorate in 1997 at Stanford University. His interests include Romantic and Victorian literature, socialist feminism, utopian and social protest literature of all sorts, and writers – especially Byron, Mary and Percy Shelley, Emily Brontë, Thomas Hardy and James Joyce.
Awakening Your Cellular Intelligence
January 31 – March 7

Explore how to awaken your cellular intelligence. This course takes you into the design, activities and innate wisdom of your cellular universe. Discover how you and your cells communicate, what stresses them and how to better manage life’s challenges. Our cells’ unique architectural design – a connective webbing of tubes and strings – provides a place where energy, sound and movement engage cellular activities. By embodying the information through sensory awareness, your knowledge, skills and memory are enhanced. By exploring how to communicate with your cells, you gain a new relationship with your body, can better manage stress, learn numerous self-care healing practices and become more in the NOW.

Sondra Barrett, Ph.D. is a pioneer integrating science and spirituality with body-mind medicine. Author of three books including “Secrets of Your Cells: Discovering Your Body’s Inner Intelligence,” Dr. Barrett brings together a practical understanding of cellular biology and healing wisdom. Former faculty and cancer researcher at University of California Medical School, she teaches throughout the U.S., U.K. and online.

The Strange Chemistry in the World Around Us
January 31 – March 7

What if I told you that many of the everyday objects around you are hiding extraordinary scientific secrets? Would you believe that some seemingly innocuous substances are in fact dangerous and can hurt or even kill the unaware? And what if I told you that understanding these secrets would forever change your perception of science and the world around you? Do you eat packaged luncheon meats? Then you should know that the packaging companies commonly add viruses to them. Enjoy playing with helium balloons? Then you might be shocked to find out that helium actually comes from radioactive decay. This course will touch on a wide range of subjects including radioactivity, poisons, pharmaceuticals, illicit drugs, petroleum, foods and explosives.

Steve Farmer, Ph.D. is a seasoned chemistry teacher with over a decade of experience. He has received six teaching awards, including Sonoma State University’s Sarlo Excellence in Teaching Award. In addition to his teaching duties, Dr. Farmer enjoys increasing the public’s interest in chemistry through outreach lectures and blogging, and is the author of “Strange Chemistry: The Stories Your Chemistry Teacher Wouldn’t Tell You.”
Writing Murder Mysteries
February 1

The murder mystery is among the most popular literary forms today, whether it's a historical thriller, a police procedural or a noir narrative with a private eye. No national literature is without detectives, from Sherlock Holmes to Sam Spade to the contemporary Chinese communist cop, Inspector Chen. Two modern California writers, Dashiell Hammett and Raymond Chandler, recreated the genre that has spawned hundreds of films and TV shows. This lecture presents global clues and local evidence, and explains why writers as diverse as Dostoevsky and Poe have written murder mysteries and why readers crave them. Dr. Raskin also explores the motives that led him to create his own eco-noir detective story, “Dark Land, Dark Mirror,” set in Sonoma County today.

Jonah Raskin, Ph.D. is professor emeritus at Sonoma State University where he taught in the English and Communication Studies departments for 30 years. The author of 15 books, including biographies of Jack London, Allen Ginsberg and Abbie Hoffman, he writes about farming, food and culture for The San Francisco Chronicle and the North Bay Bohemian, and performs his own poetry before live audiences.

The Future of Eugenics
February 8

“Eugenics” means “good breeding.” In the late 19th and early 20th centuries, the agenda of eugenics, however well-intentioned it may have been, became a byword for racism and intolerance. Eugenics, it came to be assumed, was at the heart of Nazi theories of Aryan superiority. That is the troubled past of eugenics. Today, the word “eugenics” is avoided, but the aspiration to improve humanity remains potent. It is typically framed as “Human Enhancement,” and its goal is both positive – the augmentation of health – and negative – the elimination of disease. This is the hopeful future of eugenics. For many, the agenda is irresistible. Others declare that the attempt to augment the human species will result in the end of liberal democracy.

Bill Garrett, Ph.D. received degrees in philosophy from San Francisco State University, and religion and philosophy from the California Institute of Integral Studies. For over 40 years he has taught courses in the history of ideas including courses in religion, culture, philosophy and philosophy of science.
Spirit in Stone: Architecture as Ritual Space
February 15

Ever since the earliest humans decorated the walls of caves and dragged monoliths to well-chosen sites, the need to create ritual spaces has been one of the driving forces for the creation of architecture. It was the development of new engineering techniques that allowed for the actual building of these structures, but it was soon discovered that the space itself could become a potent vehicle for the expression of deeply held spiritual and civic beliefs. Physical necessity for space became a container for both the actual ritual and the spiritual belief which was being celebrated. This lecture will examine several architectural structures: the Parthenon in ancient Athens, the Pantheon, a Gothic cathedral and a Renaissance church in order to fully understand the philosophical “content” of these buildings.

Heidi Chretien, Ph.D. received her degree from State University of New York at Buffalo and has been a university professor for several decades. She is currently an associate professor at Dominican University and has taught in the SSU OLLI program for 15 years. She spends summers teaching in Tel Aviv and relaxing in her home in the South of France.

Eating for My Country: Culinary Adventures in the Foreign Service
February 22

We all know something about foreign cuisines, like French onion soup or Pad Thai, but these are just the dishes we can find in our local restaurants. There’s a whole world of strange foods out there, as any diplomat posted overseas can testify. Huhtala will recount many of the culinary discoveries she made during her 33-year career in the Foreign Service, serving in France, Thailand, Hong Kong, Malaysia and Canada. Many of the dishes she experienced were delightful, but others much less so. She will also explore how a respectful and adventurous approach to other cuisines plays an essential role in advancing diplomacy. As a bonus, she will share some of her favorite recipes.

Marie Huhtala, M.A. is a native of California and has always been motivated by a love of international cultures and languages. In 1972, she entered the U.S. Foreign Service and remained for the next three decades. Her postings took her to embassies and consulates around the world, where she appreciated the local cultures and grappled with various languages.
500 Years of the Great Divide: Protestant Culture vs. Catholic Culture

March 8 – April 12

For many centuries, the most significant division in Western society was that between Protestants and Catholics. The well-known religious differences generated profound contrasts across a broad spectrum: contrasts in economic approach – Protestant work ethic vs. Catholic appreciation of the good life; political philosophy – republics vs. monarchies; social organization – individualism vs. group orientation; and perhaps most dramatically, in artistic expression – Protestant artists like Rembrandt and Vermeer vs. Caravaggio and Rubens. Protestant societies, like the U.S., developed in ways that were markedly different from Catholic societies, differences that continue to influence our world today. Through lecture and extensive visuals, this course will examine the divergence between these two worldviews, with each session focusing on one of the key aspects of this momentous Great Divide.

Bruce Elliott, Ph.D. teaches courses in history and culture at several lifelong learning institutes in the Bay Area, including Sonoma State, Stanford, UC Berkeley and Dominican University. He has taught university classes on the Reformation period, and a major component of his doctoral research at Berkeley was devoted specifically to social and cultural manifestations of religious change in Western history.
HOW TO FIND US!

Here are directions to our campuses:

UNIVERSITY CAMPUS

Hwy. 101 to Rohnert Park Expressway exit. Turn east onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right. Information Booth is straight ahead (purchase parking passes). Classes are located in the Cooperage and WSLC. Closest parking to Cooperage is Lot J and closest parking to WSLC is Lot G ($5 daily fee).

GLASER CENTER

547 Mendocino Avenue
Santa Rosa, CA 95401

Hwy. 101 to College Avenue exit. Follow College Avenue to Mendocino Avenue. Glaser Center is between 7th and 10th Streets, one block south of College Avenue.

Ample public parking is available at the Seventh Street Parking Garage (521 7th Street), adjoining the building ($0.50 per hour; first hour free)
2018 DEAN’S LIST RECEPTION

Thank you to our donors!

Berni Altman, Eric Norrbom and Jean McNeill

Sid and Gerry Lipton

Mick Chantler and Jeanne Johnson

Phil Harriman

Les and Judith Adler
Course Previews

Come meet our instructors and learn all about OLLI at the Winter Course Previews.

Main Campus

Person Theatre
Monday, January 14
9:30 a.m.
FREE (Breakfast buffet included)
$5 parking fee

Glaser Center

Friday, January 18
9:30 a.m.
FREE (Refreshments provided)

Donate to the year-end campaign today!

The graphic shows that in addition to the earnings on the Osher endowment and course fees, we rely heavily on donations. Please use the enclosed envelope to make a donation today.
WINTER 2019 REGISTRATION FORM
Osher Lifelong Learning Institute at Sonoma State University

OLLI ORIGINAL
University Campus, Cooperage
January 28 – March 8, 2019 (six weeks)

- #4162 The Science Behind, Inside and Under World Famous Architecture .... Monday AM
- #4163 The Supreme Court and the Individual Citizen ................................... Monday PM
- #4164 Exploring Opera: Journey Through the Ages ....................................... Tuesday AM
- #4165 Frank Capra and the American Dream .............................................. Tuesday PM
- #4166 Ethical, Moral and Legal Dilemmas .................................................. Wednesday AM
- #4167 The Art of the Deal: Literature and the World of Business ................ Wednesday PM
- #4168 Awakening Your Cellular Intelligence ............................................. Thursday AM
- #4169 Strange Chemistry in the World Around Us ..................................... Thursday PM

OLLI OFF-SEASON
University Campus, Wine Spectator Learning Center
SPECIAL DATES: March 8 – April 12, 2019 (six weeks)

- #4170 500 Years of the Great Divide:
  Protestant Culture vs. Catholic Culture ............................................. Friday AM

Registration Fees

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<tr>
<th>#4171 – 1 COURSE</th>
<th>$95</th>
<th>#4173 – 3 COURSES</th>
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<td>$175</td>
<td>#4174 – 4 OR MORE COURSES</td>
<td>$325</td>
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- #4175 non-refundable membership fee (required each term) $15

New students receive $20 off one six-week course. Also, 10% discount for dues paying members of the SSU Alumni Association. Discounts NOT available online – Please call 707.664.2691 to register or send form through USPS to OLLI@SSU, Stevenson Hall, 1801 E. Cotati Ave, Rohnert Park, CA 94928. To register online, go to www.sonoma.edu/exed/olli.
OLLI À LA CARTE
Glaser Center
*Fridays, 9:30 – 11:30 a.m. (single session, two hours)*

- #4176  Writing Murder Mysteries ................................................................. Friday, February 1
- #4178  The Future of Eugenics ................................................................. Friday, February 8
- #4179  Spirit in Stone: Architecture as Ritual Space ................................. Friday, February 15
- #4180  Eating for My Country: Culinary Adventures/Foreign Service ........ Friday, February 22

OLLI at SSU, University Campus
COURSE FEES + $15 MEMBERSHIP FEE = AMOUNT DUE: $___________

OLLI à la Carte, Glaser Center
$25.00 X # OF COURSES: ________ = AMOUNT DUE: $___________

TOTAL REGISTRATION FEES $___________

Personal Information

- RETURNING STUDENT
- NEW STUDENT

NAME___________________________________ EMAIL_____________________________________
ADDRESS________________________________ CITY/STATE/ZIP___________________________
PHONE_______________________ BIRTHDATE_____________ MALE____  FEMALE ____

Month, Day, Year Required

Donation

*I would like to make a donation to OLLI in the amount of $__________________________

*Tax deductible

If paying by credit card:

- VISA
- MasterCard
- Amer.Exp.
- Discover

Credit Card #____________________________________ Expiration Date________ CVC___
Cardholder’s Name__________________________________________________________
Signature _____________________________________________________________

Disability Services for Students provides complete access to the University for students with disabilities. Information: 707.664.2677. SSU us an AA-EEO Institution.