Choosing your health plan is an important decision. To assist you with this process, each health plan available to you through the California Public Employees’ Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit [www.calpers.ca.gov](https://www.calpers.ca.gov)* under the Plans and Rates section (subsection Health Plans), or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, please contact each health plan directly.

**Anthem Blue Cross**  
(855) 839-4524  
[www.anthem.com/ca/calpershmo](http://www.anthem.com/ca/calpershmo)

**Kaiser Permanente**  
(800) 464-4000  
[www.kp.org/calpers](http://www.kp.org/calpers)

**California Association of Highway Patrolmen**  
(800) 734-2247  
[www.thecahp.org](http://www.thecahp.org)

**Peace Officers Research Association of California**  
(800) 288-6928  
[http://ibt.porac.org](http://ibt.porac.org)

**California Correctional Peace Officers Association**  
(800) 257-6213  
[www.ccpoabtf.org](http://www.ccpoabtf.org)

**PERS Select, PERS Choice, and PERSCare**  
(877) 737-7776  
[www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

**Blue Shield of California**  
(800) 334-5847  
[www.blueshieldca.com/calpers](http://www.blueshieldca.com/calpers)

**Sharp Health Plan**  
(855) 995-5004  
[www.sharphealthplan.com/calpers](http://www.sharphealthplan.com/calpers)

**Health Net of California**  
(888) 926-4921  
[www.healthnet.com/calpers](http://www.healthnet.com/calpers)

**United Healthcare**  
(877) 359-3714  
[www.uhc.com/calpers](http://www.uhc.com/calpers)

* [https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates](https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates)

**To enroll in these health plans, you must belong to the specific employee association and pay applicable dues.**

Please contact your department’s human resources office with questions regarding eligibility and enrollment.