Friends:
I always enjoy the arrival of spring at our beautiful campus. As I walk around the University, Most of all, I like watching students. I see them working in groups on the lawn, or sitting at computers in the library, concentrating diligently on projects. I am continually impressed at their commitment to learning.

This commitment is due, in part, to the support and excellence of our faculty and staff. The faculty’s enthusiasm about their teaching and research is contagious. Students feel that excitement of discovery. They also insist on high quality, relevant teaching and learning. Our faculty comes through every time.

Many students contact me through e-mail or by phone, or visit me in person with questions about their college experience. This past year, as they have become aware of the serious condition of the California state budget, they want to be assured that Sonoma State University and the California State University will remain the strong institutions that they are now. The students want to know their degrees will have merit.

My message to these students, and to those who plan to start college in the years to come, is that higher education is vital to their personal well-being and to California’s future. Our mission is to give students the breadth of knowledge to make them capable of being informed citizens and pursuing fulfilling careers in this changing world. The health of our society and economy depends of this.

Well-educated students benefit California through higher tax revenues, greater productivity, a stronger workforce and a decreased reliance on the government for financial support. Success in college can help our graduates to better provide for the future of their families and for future generations.

The California State University is the nation’s largest system of higher education with the cost of an education—even with fee increases—the lowest of comparable public universities in the country. As a system, the CSU prepares 60 percent of the teachers in California and 10 percent of those in the country. The CSU graduates more than 77,000 students each year from its 23 campuses. We prepare the most students in the fields that make California work: computer science, engineering, business and agriculture. Sonoma State University graduates approximately 2,000 students each year who are bright, successful employees with a visible impact on the future of California.

Please take note of the outstanding students, faculty and staff who are highlighted in this issue of Insights. Their commitment to excellence could not be higher.

Ruben Armiñana
President
FEATURES

Seeds of Knowledge
Since 2001, Sonoma State students have been earning course credit while helping to revegetate Copeland Creek with native plants.

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Dear Jan
For more than 10 years, SSU students have participated in the study abroad program at a higher rate per capita than all other CSU campuses . . . discovering more about themselves and our world. Several students share their experiences this year with International Programs director Jan Beaulyn and Insights readers.

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DEPARTMENTS

ON CAMPUS

With two clicks of a mouse, professor Zachary Wong can get the full attention of his students in a way he never could before — by taking over their computer screens.

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An SSU senior was crowned Miss California last fall and represented the state at the Miss USA pageant this spring.

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SONOMA FOCUS

Sonoma State enjoyed one of its most successful faculty recruitment years ever in 2003. Across the disciplines, this class of highly accomplished academicians brings new expertise to campus.

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SSU-trained nurse practitioners cover Northern California, expanding the boundaries of quality medical care like never before.

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DEVELOPMENT

With work on the building soon to begin, the Green Music Center capital campaign now shifts into its next phase — raising gifts and in-kind contributions to complete construction.

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ALUMNOTES

Achievements of three graduates — Anita Catlin, Wayne Drumheller and Judith Volkart — are spotlighted.

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IN CONTROL — With two clicks of a mouse, professor Zachary Wong can get the full attention of his students in a way he never could before — by taking over their computer screens. Thanks to the generous donation of $25,000 from Frank Howard Allen Realtors, the School of Business and Economics installed a control system in a computer lab that puts management in the hands of the instructor in new ways. No longer will Wong or other instructors who use the PC lab have to worry about who is surfing the Internet in the back of the classroom, who is stuck on a problem and afraid to ask a “stupid” question or who has a new idea other students should see. Using hardware called VideoDidact, the instructor can send and receive screen shots to and from students, and students can share their screens with each other.

Social worker shortfall
A potential crisis in the future of social workers at agencies in the North Bay has prompted San Jose State University to offer a Master of Social Work program on the Sonoma State University campus.

The part-time degree program is being offered to 30 social workers in agencies in Napa, Sonoma and other North Bay areas on a one-time basis. A survey of the area shows that within the next five years approximately 75 percent of the agencies’ staffs will be eligible for retirement.

The survey also shows there will be a problem recruiting qualified individuals from out of the area because of the high cost of living in Sonoma County.

“Social workers play a vital role in public and private agencies and are the front-line workers dealing with child abuse, elder abuse, people with mental and physical disabilities, and people coping with severe medical and financial crises,” Dean of the SSU School of Social Sciences Elaine Leeder says.

Students will specialize in services to children, youth and families or to people with physical and mental disabilities. They are officially enrolled in the School of Social Work at San Jose State University, but take classes on Saturdays at Sonoma State University. SJSU faculty travel to SSU to teach the classes.

Art and Its Place
A new feature of SSU’s Green Music Festival this summer will be a week-long symposium on the topic of “Art and Its Place” featuring nationally known guest speakers, lectures, a series of guided seminars, field trips and museum visits, guest performers, open rehearsals and musical performances.

Opening with the July 4 Independence Day on the Green, the symposium will bring artists and performers in the musical, literary and fine arts together with scholars and experts in those fields for wide-ranging discussions and explorations of the place of the arts in our lives.

The “Art and Its Place” program will also include a variety of special events at area wineries, galleries, museums and points of artistic interest both to North Bay residents and those from outside the region. For further information and reservations, contact the SSU School of Extended Education, (707) 664-4170, or visit the Web site, www.sonoma.edu/exed.

Energy Efficient — A unique system of low-energy cooling, lighting control, high-efficiency glazing, and photo-voltaics in the remodeling of Salazar Hall earned the building project a national award for energy efficiency. Energy User News honored the project at its 2003 Energy Efficient Building Awards ceremony held during the World Energy Engineering Congress of the Association of Energy Engineers in Atlanta, Ga., last fall. Salazar Hall is now one of the most energy efficient public buildings in northern California. It has 1,200 solar panels in a grid covering 9,500 square feet. The building uses 42 percent less energy than required by state standards. The energy savings are enough to power 80 homes.
ON CAMPUS

Certified
The SSU School of Education trained nearly 30 percent of all Sonoma County teachers who achieved National Board Certification from the National Board for Professional Teaching Standards last year in just its first year of providing preparation for the rigorous program.

SSU offers three courses to provide preparation and support for National Board Certification candidates. The program is an intense, year-long process during which the teachers demonstrate their knowledge, skills and expertise to meet rigorous national standards. The candidates can seek certification in 15 different certificate areas and four different age groups.

The five teachers receiving certification who prepared at Sonoma State during 2001-02 include the following:

Jennifer Fleischer Adolescence and Young Adulthood Science
Dana Woods Pedersen Early and Middle Childhood English as a New Language
Catherine Paine Early Adolescence and Young Adulthood Career and Technical Education
Annie Scully Adolescence and Young Adulthood English Language Arts

Good Health
The Sonoma State University Student Health Center has been granted a maximum three-year accreditation for the fifth cycle in a row from the Accreditation Association for Ambulatory Health Care.

“This means that the Student Health Center has been evaluated according to the rigorous standards of an independent nationally recognized accrediting organization and has continuously met those standards,” according to George Schwartz, center director.

The AAAHC noted, though, that the Student Health Center’s ability to maintain its quality services for SSU students may be impaired by financial restraints. A referendum to increase Student Health fees in order to maintain the appropriate scope and availability of student health services is being put to a vote during this spring’s student elections.

NEW SSU GRAD WINS MISS CALIFORNIA USA

A 21-year old December graduate from Sonoma State University has been crowned the 53rd Miss California USA.

Ellen Chapman, a resident of San Jose who currently lives in Rohnert Park, earned her crown at the annual state pageant held in Fresno.

The brown-eyed brunette, 5’ 10”, completed requirements for her baccalaureate degree in American Multicultural Studies from SSU last semester. She is also completing requirements for her elementary teaching credential. Ultimately she hopes to be a school principal.

While at SSU, Chapman was a community service adviser for freshmen and served as social chair for her sorority. An SSU Dean’s List honoree, Chapman is a California Scholarship Federation Life Member and has received a Chancellor’s Quest for Excellence Award.

Researching and applying time management techniques have aided Chapman in achieving her academic and personal goals, she says, and has encouraged her to set priorities.

When asked where she would like to be as a VIP, in history or in the future, she replied, “I would be at Martin Luther King’s ‘I Have a Dream’ speech—to hear and feel the power in that moment in time and to witness the world on the verge of change.”

As Miss California USA, Chapman won her expenses to the Miss USA pageant in April as California’s official state representative. She also won $5,000 cash and other prizes. She entered the state pageant as Miss San Francisco Bay Area USA.

Chapman now travels across the state promoting Breast Cancer Awareness, the Miss USA Pageant’s official charity. She also appears as a spokesperson around the country for Sun-Maid Growers of California, promoting the company’s raisin products as a healthy snack food for children and adults.

SECOND ENDOWED CHAIR — The Federated Indians of Graton Rancheria has given SSU $1.5 million to establish an Endowed Chair in Native American Studies, one of only two endowed chairs in the University’s 42-year history. Additionally, the Federated Indians of Graton Rancheria gifted a $20,000 endowed student scholarship fund that provides educational opportunities for the students of Sonoma State University.

Endowment funds are managed by the Sonoma State University Academic Foundation. Shown at the check presentation are, from left: Jeannette Anglin, Robert Baguio, SSU provost Eduardo Ochoa, SSU president Ruben Armiñana, Lawrence Stafford, Greg Sarris, Joanne Campbell, Gene Buvelot and Lorelle Ross. (Photo by Franklin Lee)
The Class of 2003-04

In 2003, Sonoma State enjoyed one of its most successful faculty recruitment years ever. Across the disciplines, this class of highly accomplished academicians brings new expertise to the University’s teaching and knowledge-base.

**SCHOOL OF ARTS AND HUMANITIES**

**Stephanie Dyer**
Assistant Professor
American History/Hutchins
PhD, University of Pennsylvania
Consumer society, mass media, popular culture, and business and economic history

**Mutombo M’Panya**
Assistant Professor
International Studies/Hutchins
PhD, University of Michigan
Planning and transportation systems

**James Behuniak**
Assistant Professor
Philosophy
PhD, University of Hawaii
Chinese philosophy

**Marco Calavita**
Assistant Professor
Communication Studies
PhD, New York University
Social and political implications of entertainment media, the role of the news media in political socialization

**Kristen Daley**
Assistant Professor
Theatre Arts
MFA, University of Washington
Modern dance technique, ballet, jazz, 20th-century dance history, hip-hop dance

**Michael Ezra**
Assistant Professor
American Multicultural Studies
PhD, University of Kansas
African-American history and culture, race relations, 20th-century U.S. history, and sport history and culture

**Stephen Galloway**
Assistant Professor
Art
MFA, San Francisco State University
Photographically based contemporary art, and conceptual approaches to landscape

**Nathan Haenlein**
Assistant Professor
Art
MFA, University of Iowa
Printmaking, drawing and two-dimensional design

**Patricia Kim-Rajal**
Assistant Professor
Chicano and Latino Studies
PhD, University of Michigan
Transnational telenovelas and Latina audiences, popular culture

**Thaine Stearns**
Assistant Professor
English
PhD, University of Washington
20th-century British literature, literary criticism and theory, and visual culture

**Elenita Strobel**
Assistant Professor
American Multicultural Studies
EdD, University of San Francisco
Filipino culture and history

**John Sullins**
Assistant Professor
Philosophy
PhD, Binghamton University
Technology of robotics, artificial intelligence and artificial life

**SCHOOL OF BUSINESS AND ECONOMICS**

**Christine Alexander**
Assistant Professor
Business Administration
PhD, Southern Illinois University
Programming languages, database, systems analysis and design, IS strategy and organizational impacts of IS/IT

**Jennifer Olmsted**
Associate Professor
Economics
PhD, University of California, Davis
Middle East economics, gender economics, Islam, poverty and labor markets (both U.S. and Middle East), and gender and globalization

**SCHOOL OF EDUCATION**

**Paula Lane**
Assistant Professor
Literary Studies and Elementary Education
PhD, Michigan State University
Elementary and middle school science teacher for 10 years, professional development in science education, supervision of student teachers

**Katherine Morris**
Assistant Professor
Literary Studies and Elementary Education
PhD, University of Michigan
Mathematics education, teacher education and professional development

**Mark Fermachich**
Associate Professor
Educational Leadership Program
PhD, University of Wisconsin, Madison
Education at the local, state and national levels, served as legislative analyst with the K-12 Education Committee of the Minnesota State Senate

**SCHOOL OF SCIENCE AND TECHNOLOGY**

**Robert Benham**
Assistant Professor
Kinesiology
PhD, Michigan State University
Professional development of physical education teachers and coaches, development of technology-enhanced learning environments in physical education

**Anita Catlin**
Assistant Professor
Nursing
DNSc, Rush University
Creating a protocol for the humane care of dying newborns
IZABELA KANAAHA
Assistant Professor
Mathematics
PhD, Michigan Technological University
Combinatorial designs, combinatorics and discrete mathematics

DANIEL KARNER
Associate Professor
Geology
PhD, University of California, Berkeley
Paleo-climatology, radioisotope and astronomical dating, and the geology of Rome

MARK KEARLEY
Associate Professor and Department Chair
Chemistry
PhD, University of Massachusetts, Amherst
Synthesis of molecules aimed at understanding the chemical basis of alcohol-induced liver injury

REZA KHOSRAVANI
Assistant Professor
Computer and Engineering Science
PhD, University of Southern California
Optical fiber communication systems and networks

JERRY MORRIS
Assistant Professor
Mathematics
PhD, Colorado State University
Fractal geometry

KARINA NIELSEN
Assistant Professor
Biology
PhD, Oregon State University
Marine community ecology, plant-herbivore interactions, ecosystem functioning and conservation ecology

JENNIFER WHILES
Assistant Professor
Chemistry
PhD, University of California, San Diego
Enzymes and peptide interactions

SCHOOL OF SOCIAL SCIENCES

NAN ALAMILLA BOYD
Assistant Professor
Women and Gender Studies
PhD, Brown University
Feminist theory and Latina studies

CAROLYN EPPLE
Assistant Professor
Anthropology
PhD, Northwestern University
Critical approaches in medical and cultural anthropology, gender/sexuality studies, and participatory research strategies

MARIA HESS
Assistant Professor
Psychology
PhD, California Institute of Integral Studies
Clinical paradigms in counseling long-term clients, examining healing in academic relationships and supporting the survival of Tibetan culture through community education

DAVID MCCUAN
Assistant Professor
Political Science
PhD, University of California, Riverside
Role of political consultants and direct democracy elections

MELINDA J. MILLIGAN
Assistant Professor
Sociology
PhD, University of California, Davis
Sociology of the “built environment” and human attachments to place

THERESA ALFARO VELCAMP
Assistant Professor
History
PhD, Georgetown University
Latin American migrations, Mexican and Latin American history

CRAIG WINSTON
Assistant Professor
Criminal Justice Administration
JD, University of Akron
Criminology and policing

RICHARD ROBISON
Senior Assistant Librarian
MLS, University of Maryland

GEOFFREY SKINNER
Senior Assistant Librarian
MLS, San Jose State University

While welcoming the new, the University also said farewell to six cherished faculty members who retired in 2003:

J.J. WILSON, English
NANCY CUNNINGHAM, Library
AHMAD HOSSEINI, Dean, School of Business and Economics
TOM NELSON, Mathematics
MICHAEL BALDIGO, Business Administration
KAY TRIMBERGER, Women and Gender Studies
Spreading the Health

The nurse practitioner program continues to expand its reach across Northern California, delivering education and healthcare to underserved areas

It all started in fall 1994 when Sonoma State University acquired the technology allowing a faculty member to be in two places at the same time. That was when the SSU Department of Nursing conducted its first distance-learning course via streaming video using a state-of-the-art compressed video system.

Since that time, Sonoma State’s Family Nurse Practitioner master’s and post-master’s certificate program has literally broadcast itself throughout Northern California, and it continues to grow. Satellite programs have trained nurses at CSU campuses in Humboldt, Stanislaus and Chico, as well as at SSU, using an expanding array of technologies.

And come this June, the total number of graduates since 1996 will reach 250.

“There are two important aspects to this program,” said Wendy Smith, professor of nursing and director of the FNP program. “The first is how we are serving the needs of nurses in rural populations, helping them get graduate degrees. The other is how much healthcare the SSU graduates and students provide to the medically underserved populations.”

The specialization of nurse practitioner is at the advanced level of the nursing profession. The training includes the diagnosis and treatment of common illnesses and injuries, and because they can provide basic, primary healthcare, nurse practitioners often head up clinics that serve patients who do not receive regular healthcare.

As a part of their training, SSU FNP students provide hands-on healthcare at clinics in each of the program’s communities. A student is required to see 16 clients each week per semester. During a recent two-year period, the students logged more than 48,000 visits, many of which were with rural patients.

“During the past five years, 75 percent of our graduates have gone to work in situations such as state-funded clinics, clinics for women and children, mobile healthcare vans, and clinics for the homeless or migrant workers,” said Smith.

The FNP distance-learning program has been supported by more than $2 million in federal grants during the past nine years. Its reach has been felt by nurses and patients in more than 20 counties and in such remote and rural settings as Weaverville, McKinleyville and Tuolumne. Now, the program’s reach will increase even further with the receipt of its first state grant.

With the $100,000 award from California’s Song-Brown program, SSU will add DVD to its list of distance-learning technologies. Lectures will be recorded on DVD and mailed to students.

“This is particularly beneficial for students who live too far to drive to a campus, such as those in the foothills of the Sierras,” said Smith. “We have found that nurses who leave a rural community for a master’s education probably will not return. So, when a nurse receives training while remaining in the home community, it is a win-win situation for everyone.”

The state grant also will support a coordinator at the Jewish Free Clinic in Cotati near Sonoma State. Currently, SSU students perform some of their clinical hours at the Health Maintenance Clinic on campus doing “gold-standard” physcials, which are very thorough, 90-minute exams.

Should any problems come to light during the physical of a patient without health insurance, the students now have a referral system in the Jewish Free Clinic.

“This is just a great relationship,” said Johnna Edmunds, HMC coordinator. “We had a little girl who came in with her mom. She had a physical, and we found that some of her test results were abnormal. So we sent her to the Jewish Free Clinic for follow-up.”

Some Sonoma State nurse practitioner students perform their clinical hours at the HMC. Kathy Rahman was on duty recently, completing a physical of a 10-year patron of the HMC.

“I always wanted to be a nurse practitioner,” said Rahman. “I chose Sonoma because there is a really clinical focus here, instead of a research basis which I feel takes away from patient care.”
DEAR JAN

For more than 10 years, SSU students have participated in the study abroad program at a higher rate per capita than all other CSU campuses . . . discovering more about themselves and our world.

This year, 60 Sonoma State students span the globe as participants in CSU International Programs, representing the University on every continent except one, according to Jan Beaulyn, director of International Services. Africa is the exception because the program in Zimbabwe is currently on hold, she said. The countries in which SSU students are studying include Australia, Canada, Chile, Denmark, France, Germany, Italy, Japan, Mexico, Spain, Sweden and the United Kingdom.

“In straight numbers we’re just behind Long Beach and San Francisco campuses, which have many more students. Our recruitment this year is functioning like a runaway train. The students are still coming in droves,” Beaulyn said.

To gain an “Insight” into why the students are “coming in droves” and what kinds of experiences the Sonoma State students are having this year, Beaulyn asked them to share their thoughts and photos with “Insights” readers. All responses came via email to Jan Beaulyn.

Here are some of the chronicles to “Dear Jan.”

FROM: Janai West @ Granada, Spain
TO: Jan Beaulyn @ SSU International Programs
Date: 12 November 2003

Hi Jan,

I am currently in Granada, Spain. It’s beautiful, and I found an apartment near the center of the city. I live with three other girls, a gal from Granada, Spain, one from Japan, and one from Chico State. It’s interesting because I am learning about the Japanese culture and the Spanish culture at the same time. Things are going pretty well here.

We’ve had some midterms this week, and they have been a little difficult, but so far, I think I’m doing okay. My parents have been on my mind, and I am having some trouble concentrating, along with a little home-sickness setting in. However, Maria and Guadalupe are wonderful. I know I have their support if I need it. My roommates are great to talk to also, so I know I have a small but good support group over here.

The really cool news is that during my week break at the end of September, I went to Egypt! Beautiful and crazy, especially since my camera broke on the second day of the eight-day trip. Oh well, all my friends had cameras, so I am not pictureless.

I am heading to Italy during Christmas time and will visit with a couple of my relatives in London at the very end of my vacation. That’s it for now. Oh, as for news in Spain: The Prince of Spain has picked a wife. She was a journalist/reporter who has received awards, but she’s a divorcee, which was a surprise. The general public of Spain hadn’t heard anything about her at all until the Prince introduced her as his future wife and queen of Spain.

Take care, Janai West
Dear Jan,

This is Michelle Stoner, and I just wanted to write a few things about Paris to help out with the article. First of all, when you are in Paris in particular, and France in general, you are definitely in gastronomic country. The food here is divine. One of my favorite parts about this culture is the vegetable and fruit markets that are held every day of the week in different parts of the city.

As for politics, I have found that one of the preferred things to do among Parisians is to sit, eat wonderful food, such as bread, cheese, meats and wine, and debate with friends for hours on end. I have found that among the youth, it is surprisingly easy to engage yourself in political conversation, and it has always been peaceful for me. The general consensus, to clarify the stereotype that all French people hate Americans, is that French people like American people, they just don’t agree with our politics. They see America as being the most powerful country in the world, and it is alarming to the people here, myself included, that America is not taking responsibility for its consumption and power.

Well, I could write a book, but I have to go to class. I already miss Paris when I think about leaving and plan to get as involved as I can when I return to try to keep this language and experience. I hope all is well in that beautiful sunshine state! Send my love to Rohnert Park!

Be well, Michelle Stoner
FROM: Kristen Schmidt @ Uppsala, Sweden TO: Jan Beaulyn @ SSU International Programs DATE: 26 August 2003

Hej Everyone!!

Well, so far things have been so great! I think this might be a good sign for the year to come. I left just a week ago and since then feel like my knowledge of Swedish, traveling, Sweden, people and the world in general has just exploded. So much to take in. Flights went really well and my luggage even made it. I arrived in Uppsala last Wednesday and since then there have been tons of events planned for the international students which has provided such an awesome opportunity to meet so many people and begin to feel more familiar in this new country and city. I bought a pink bike a few days ago, made a trip to IKEA, went on a pub crawl, bought my first beer legally!, got my first cell phone, and have just been trying to soak it all up. The city is so beautiful, so very old, and the people have been so friendly. We hope to take a trip to Stockholm in a couple days and take advantage of the free time before school starts on the first.

Take good care, Kristen

FROM: Kristen Schmidt @ Uppsala, Sweden TO: Jan Beaulyn @ SSU International Programs DATE: 02 Oct. 2003

Hej Hej!

The time’s flyin’! It’s amazing. It’s been an incredible fall season for a month, but I think winter just came yesterday! I discovered the jacket I brought isn’t as waterproof as I thought and the heaters haven’t been turned on in our buildings yet. But, although the weather’s not so great, the colors are amazing right now and all in all everything is going really well!

Class has been great. It’s been so nice to be focusing on one course. It’s provided such a good opportunity to go into some good depth and the time to apply a lot of the things we’ve learned. We’re finishing up this first Limnology course with an exam in two weeks and then headed to Lake Erken for 10 days to do some project work. This last week we spent learning about many of the fish species you can find in Sweden. There’s nothing like checking out some frozen pike! The next course is Applied Ecosystems Ecology and starts at the beginning of November. I’m also taking Swedish which has to be great although it’s been a challenge to practice because everyone speaks such great English. These last few weeks I’ve realized there is really an amazing collection of international people here and, along with learning about the Swedish people, it’s been so awesome to get to know people from all over the world and to learn about their cultures. It has opened up the world and at the same time made it feel so small. Hope to do a little bit of traveling this next month. Starting to learn how to make traditional Swedish foods, well just choklad boll [oat ball] so far — really good and really easy. But hoping to start a good collection of Swedish recipes soon.

Hope everyone is doing well! Take care, and talk to you soon!

Hej dÅ!, Kristen

FROM: Robert Pitts Jr. @ Uppsala, Sweden TO: Jan Beaulyn @ SSU International Programs DATE: 27 Jan. 2004

From the Web log 27 Jan. 2004:

My radio show will now be co-starred with two of my classmates and friends Martin Pärn, from Estonia, and Jasmine Hung, from Hong Kong. I did an interview show of Jasmine last week to introduce her to the audience. She presented music from Taiwan. Today was the first time I did not head the program as I gave it to Martin. He brought a fellow Estonian to the show, who has roots from Persia through her parents but she was born in Sweden and has lived in Estonia for the past 10 years. From talking with her, I sense she displays characteristics of all three social backgrounds. I would say she is proud of her past and present heritage. It is refreshing to see.

I also bought my official Studentradion t-shirt. I proudly wear my membership too.

From the Web log 28 Jan. 2004:

Today, Martin and I went on a tour of the university’s television services office. We had never known it existed even though it sits right next door to the radio station.

I met Martin to show him around the radio station some more. We first met with Sebastian, the station program manager, to chat for awhile. Sebastian gave us a good lead for another guest later in the semester, a Finnish lady working for Finnish radio. Martin will get in contact with her as he works for Estonian radio and would like to meet a fellow colleague. I hope something comes out of it.

Read Pitts Web log at: http://www.deadmoose.com/~rlpittsjr/
After the tiny poppy seeds are collected, they are formed into a small pile and covered with pine needles. Then someone lights a match. A small flame starts to flicker. This is as close as the seeds will get to a real forest fire. But it will do.

The trick to breaking the dormancy of seeds is one of the many skills students learn when they take the native plant propagation course at Sonoma State University. This special kind of wizardry mimics the forces of nature that allow plants to grow.

Every fall, students literally get on their hands and knees to collect native plant seeds in areas near the University. The seedlings are nurtured in the native plant lath house at the edge of the campus. More than 1,000 have been grown since the course began in 2001.

For the first few years, the plants were used for restoration efforts along Copeland Creek. The creek side, which runs through the SSU campus, provides food, shade and nesting habitats for a variety of animals — from birds, insects and reptiles to mammals such as bobcats, badgers and deer.

The canopy of trees, shrubs and other woody vegetation shelters the watercourse where fish move and spawn. They also stabilize the creek banks to prevent erosion and suppress weeds that can clog the creek channel.

Biologists estimate that more than 90 percent of California’s riparian forest area has been destroyed or damaged due to human activities. This is one of the most fragile — yet valuable — biological communities, providing an interface from the wet to the dry landscapes of the state.

So when Sean White, an environmental

**WHAT IS A NATIVE PLANT?**

What do some of the native plants of SSU’s Copeland Creek area look like? Here is a sampling of a few of the trees and shrubs that were here before the European settlers arrived. These plants are also riparian because they live along the bank of a natural waterway.

**California Black Walnut**

*Juglans Hindsi*

This tree is native to the warmer borders between the valleys and the foothills. Individual specimens are often found in former Indian campsites in the north and east of the San Francisco Bay region, due to the practice of the California Indians of carrying the edible nuts of this tree from place to place.

**Coast Live Oak**

*Quercus agrifolia*

This evergreen oak is easily identified by its conspicuously curled and prickly-toothed leaves. The Coast Live Oak is found in both the Foothill Woodland of the Coast Range from Sonoma County southward, and in the Southern Oak Woodland. It is the most common oak on the hills to the east of Sonoma State University and in many other parts of Sonoma County. In fact, Coast Live Oak is the most common native tree in the Bay Area. The acorns of the Coast Live Oak germinate easily, producing many seedlings.

**Spicebush**

*Calycanthus occidentalis*

With its many sepals and petals in several series and its many stamens and pistils, Spice Bush is one of the most primitive plants described in *A California Flora* by Philip A. Munz. The spicy aroma of the bark and leaves give the plant its name, and the red flowers, which look like small water lilies, give off a vinegar-like odor, as well. Shoots of this deciduous plant were used in basket making and were also highly prized as arrow shafts.
Our Native Plants

ways one plant at a time

specialist with the Sonoma County Water Agency, plans restoration projects within the Russian River watershed of Sonoma County, he thinks plants.

And it is native plants, the ones that have coevolved with animals and insects and fungi and microbes in the local watershed, that he wants to revegetate the banks of creeks and other waterways that have been damaged or degraded over time.

“If we want to do just flood control we would mow the channel bare and be done, as they did in the 1950s,” White said, “but attitudes and regulations have changed. We should not provide flood protection at the expense of the environment.”

White has helped steer more than $8,000 every year to SSU so that a native plant propagation course can be offered in the fall semester and the seedlings from the course would be used by the water agency in its restoration projects in the spring. The effort has proved so successful that there are plans developing to fund the course every semester.

Native plant course instructors Karen Tillinghast and Robin Burton hope to develop a special kind of plant “library” of locally adapted plant stock for riparian areas for use by the Sonoma County Water Agency. These would range from oaks, alders, monkey flower, spice bush, elderberry and California walnut, to Oregon ash, buckeye, coffeeberry, California fescue and big leaf maple, to name a few.

Burton is an agro-ecologist who teaches organic gardening in the Environmental Studies and Planning Department. Tillinghast is a University landscaper, and supervisor of the SSU Native Plant Garden.

Field trips allow students to explore and collect in the local South Laguna watershed, from its headwaters at the Fairfield Osborn Preserve to Copeland Creek, the Laguna de Santa Rosa, and on to the Russian River.

“Collecting locally ensures the best chance of survival by growing plants that are adapted to our local environmental conditions,” Tillinghast says.

“Native plant communities are the critical foundation for conservation of biodiversity in riparian areas,” David Stokes says. The Environmental Studies and Planning professor helped coordinate the Water Agency’s project.

“Plants and animals reach far greater levels of diversity and abundance there than in nearby habitats,” he adds.

Stokes also says more than 200 species of amphibians, reptiles, birds and mammals are associated with riparian habitat in California.

“The need for restoration and native plants is increasing rapidly,” says Stokes, “and it will continue to grow in the foreseeable future.”

Valley Oak
Quercus lobata
This is the largest of the western oaks and it is found in the moist, hot valleys and foothill woodlands between the Sierra and the Coast ranges. Large-scale clearing for agriculture, flood control and development has reduced its range drastically in the past 100 years. The large galls, or “oak balls,” contain juice that, when allowed to react with rusty iron, produces ink. In fact, the U.S. Declaration of Independence was signed using oak-gall ink.

Oregon Ash
Fraxinus latifolia
Although predominantly found in Oregon and Washington along wet meadows and swamps in the lowland areas, Oregon Ash can also be found growing along mountain streams as far south as central California. Because of the hardness of its wood, Ash was used by the Indians for canoe handles and digging sticks.

Buckeye
Aesculus californica
This small tree is often the first to leaf out in spring and the first to drop its leaves in summer. In late fall, the seed pods open slightly, resembling the eye of a buck. In spring, long spikes of white flowers emerge. These flowers attract butterflies, but are poisonous to the common honey bee. When acorns were in short supply, Indians used the buckeye, largest of California fruits, as food. Roasting and thorough leaching are required to eliminate bitterness.

Big Leaf Maple
Acer macrophyllum
A common tree in much of the Pacific northwest, the Big Leaf Maple is restricted to moist canyons in the drier climate of California. Native Americans used the bark of this species to make rope, and the wood to make utensils and boat paddles. It is easily recognized by its large deciduous leaves which are five-lobed and occur in pairs opposite each
Green Music Center Reaches Critical Milestone

With work on the building soon to be under way, the GMC capital campaign now shifts into its next phase — raising gifts and in-kind contributions to complete construction.

The much-anticipated Donald and Maureen Green Music Center, the world-class concert venue to be built on the Sonoma State campus, is a big step closer to becoming a reality.

In a flurry of year-end giving, donors contributed more than $1 million dollars to the GMC capital campaign, bringing it to the critical $39 million mark — the amount needed to start construction. University officials expect to select a contractor for approval by the California State University Board of Trustees at the May meeting.

Construction, which will take an estimated two years, will start shortly after the contract is approved.

Meanwhile, fund raising will continue for the Green Music Center’s interior finishing and furnishings while the building goes up. The campus plans to have the building ready for its gala opening in fall 2006.

Modeled after the famed Seiji Ozawa Hall at Tanglewood, summer home of the Boston Symphony Orchestra, the GMC concert hall will open to lawn seating during summer concerts. The hall, designed by the architects of Ozawa Hall to recreate its superb acoustics and rich wood interior, will seat 1,400, with an additional 8,000 accommodated outdoors. With its spectacular surroundings, set against a backdrop of foothills and surrounded by vineyards, the Green Music Center is expected to become a premier national music destination for both artists and music-lovers.

Sonoma State University President Ruben Armiñana thanked those who have brought the campaign this far. “We’re ecstatic to be in a position to sign a contract and schedule the start of construction,” he said. “Thanks to everyone who has invested in this project, we can look forward to work on the site by June.”

This pivotal milestone in the capital campaign was reached thanks in part to an additional $60,000 gift from Santa Rosa Symphony Conductor Laureate Corrick Brown and his wife Norma, and SRS Music Director Jeffrey Kahane and his wife Martha. The Green Music Center will serve as the new home for the Santa Rosa Symphony, as well as hosting concerts by visiting artists and student and community performers. Corrick Brown co-chairs the GMC Capital Campaign with Donald Green, who, with his wife Maureen, contributed $10 million to the project bearing their names.

“Few communities in the country even dream of building a first-rate concert venue, let alone make it a reality,” said Donald Green. “I want to thank those who have helped us reach this pivotal point, and invite everyone’s continuing support as we complete this project in the coming years.”

With work on the building soon to be under way, the GMC capital campaign now shifts into its next phase — raising the gifts and in-kind contributions needed to complete construction, including finishing and furnishing the building’s interior.

“Many donors stepped forward in the past few months so we could get this building started, and to them we are enormously grateful,” said SSU Vice President for Development Stuart Jones. “We’re absolutely confident that when the community sees the building taking shape, the excitement will be contagious and even more people will want to join us in this campaign.”

The next phase of the GMC capital campaign will be unveiled in coming weeks, Jones said, and is expected to continue throughout the two-year construction period.

For information about the Green Music Center, or to contribute to the capital campaign, call the SSU Development Office at (707) 664-2712.
Fellow Alumni,

As you know, California is facing a serious deficit budget. Sonoma State is anticipating that its budget will be reduced by about $5 million next year. This is in addition to the $5 million reduction in its budget this year. In just two years, SSU’s budget has been cut by 20 percent. It will be very difficult for the University to maintain high-quality instruction and services to its students without adequate state support. In fact, without stable support for higher education in California, our state faces a serious risk of further economic decline. Let’s face it: The California State University produces a major component of the workforce of this state.

So what can we, as alumni, do about this situation? I suggest we become actively involved as advocates on behalf of our alma mater and higher education in the state. Some of your Alumni Association board members have joined a campus-based Advocacy Team to work on issues that affect SSU.

See Page 15

Lou Steinberg
BA Economics, 1968

President's Message

SPOTLIGHT ON ALUMNS

Professor named one of top 1,000 nurses in nation

New Sonoma State University nursing professor Anita Catlin, MS, nursing, ’89, has been inducted into the American Academy of Nursing as one of the top 1,000 nurses in the United States. She joined the nursing department at SSU last semester after 23 years at Napa Valley College.

The academy consists of the nurses who contribute at the level of the National Institute of Health and who are leaders in education, practice and health policy making. Catlin has been funded by and testified at the American Academy of Pediatrics. She is best known for her work creating a protocol for the humane care of dying newborns.

She has a family nurse practitioner master’s degree from SSU, a doctorate in maternal child nursing from Rush University and a certificate in ethics consultation, also from Rush University in Chicago.

“As a graduate of Sonoma State, I was very well prepared for the work world and to go on,” Catlin said.

See Page 15

Drumheller recognized for raising funds to fight cancer

Wayne Drumheller, BA, English, ’72, director of estate and asset services for the American Cancer Society in Western North Carolina and South Carolina, has been named regional “Top Performer” by the American Cancer Society Planned Giving Business Unit.

Drumheller, who has raised more than $200 million in his nonprofit career, was selected “Top Performer” in the District of Columbia and a region covering 11 states: Alabama, Georgia, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, Ohio, South Carolina, Tennessee and Virginia.

He assists donors and their professional advisers — estate attorneys, certified public accountants, life insurance specialists and financial planners — to create charitable gift plans tailored to donors’ needs, values and charitable intent within the framework of minimizing tax liability.

See Page 15

Distinguished alumna honored for civil liberties defense

Judith Volkart, BA, economics, ’81, a recipient of the SSU 1998 Distinguished Alumni Award, has recently been honored with the 2003 Lola Hanzell Courageous Advocacy Award from the American Civil Liberties Union of Northern California.

The Lola Hanzell Courageous Advocacy Award is presented annually at the ACLU of Northern California’s Bill of Rights Celebration to recognize and thank volunteers who have provided strength, dedication and leadership to the ACLU-NC by their exemplary efforts.

For nearly a decade, Judith Volkart has worked tirelessly to defend civil liberties in Sonoma County and throughout Northern California. Her accomplishments include work to reform local police practices, providing inspiration for student activism and speaking out against post-9/11 attacks on civil liberties. Her efforts to engage young people in the...
Sonoma State University is committed to helping students succeed in their academic careers. To achieve this goal, we are dedicated to providing the tools students need to succeed: talented faculty, quality academic programs, advanced technology, scholarships and a rich learning environment.

SSU alumni and friends are invited to be a part of this year’s Sonoma Fund by making an unrestricted donation in support of academic priorities and student services. Here are just a few examples of how your donation will:

- Sponsorship of speakers for the annual Math Colloquium
- Purchase of electric carts for Disabled Student Services
- Need-based scholarships for students
- Travel for 16 students to Model United Nations in New York
- Diversity counseling and workshops for students
- Teaching hardware for computer labs
- University Library Arts and Lecture Program

This year’s fund-raising goal is $50,000. Please join fellow alumni and friends in support of SSU!

For information, call (707) 664-2426 or visit the Web site www.sonoma.edu/projects/development/

All donations are tax deductible!

Please return gift and/or pledge to:
Sonoma State University
Office of Development
1801 E. Cotati Avenue
Rohnert Park, CA 94928-3609

☐ I wish to support SSU with a gift to the Sonoma Fund of
  ◯ $25  ◯ $50  ◯ $100  ◯ $500  ◯ Other $ ________

Name ____________________________________________
Address __________________________________________
City __________________ State _____ Zip _________
E-mail ____________________________________________

☐ I am an SSU graduate. Class of _________.
☐ My check for $________ is enclosed.
☐ I pledge a gift of $__________.
☐ Please send me a pledge reminder in ________, 2004.

Please charge my gift of $_________ to my credit card.
☐ MasterCard  ☐ Visa

Account Number _________________________________
Exp. Date _________________________________
Signature _________________________________

◆ With your gift of $100 or more you may select a donor gift.
  ◯ SSU T-shirt: S M L XL (Circle size)
  ◯ Business Card Case with SSU Logo
Alumni Association membership benefit profile: Health coverage

Health coverage can be difficult to find. You can search plans that are made available to you, evaluate plan options and sort out favorable quotes, or you can utilize the Sonoma State University Alumni Association health plans. These plans are available to alumni and their families, and often come with a discounted premium. Short-term health insurance, vision and dental plans are also available to SSU alumni. Small business owners with 4-50 employees may qualify for group rates. The work is already done — you just have to choose the plan that’s right for you. For more information, call (707) 664-2426 or e-mail: alumni.office@sonoma.edu.

Career services for alumni

Looking for a job? The SSU Career Center welcomes graduates and members of the Alumni Association. Services include online career support services, computerized career exploration and career opportunities and classes.

Career services are free for SSU graduates within the first three months of graduation. Alumni Association members receive a $5 discount on the $25 annual fee that provides access to all Career Center resources and workshops and includes one career advising session. For more information, please call (707) 664-2196.

Are you an employer wanting to recruit SSU alumni and students for jobs or internships? Consider doing an information session or recruiting on campus. Call Isela Cook at (707) 664-2730. Post your positions online or at the SSU Career Center. Call (707) 664-2196.

Alumni Association membership benefit profile: Health coverage

Health coverage can be difficult to find. You can search plans that are made available to you, evaluate plan options and sort out favorable quotes, or you can utilize the Sonoma State University Alumni Association health plans. These plans are available to alumni and their families, and often come with a discounted premium. Short-term health insurance, vision and dental plans are also available to SSU alumni. Small business owners with 4-50 employees may qualify for group rates. The work is already done — you just have to choose the plan that’s right for you. For more information, call (707) 664-2426 or e-mail: alumni.office@sonoma.edu.

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1970s
David Caruso, BA, liberal studies, ’77 and MA, early childhood education, ’78, has recently been named as the academic vice president at Worcester State College, Mass. He held the post as the interim vice president for one year after serving as associate vice president for Academic Affairs since 2001. He was a professor and special assistant to the president at the University of Hartford, as well as dean of the College of Education in Nursing and Health Professions prior to taking the position at Worcester State College. His academic career includes faculty and special assistant to the president for Outreach and Planning at the University of Rhode Island, American Council on Education Fellow at CSU Monterey Bay and faculty member at Purdue University and Indiana University. He received a fellowship from the National Center for Clinical Infant Programs and the Jean Failing Memorial Fellowship from Cornell University. He holds a PhD from Cornell University.

Douglas Connaughton, BA, history, ’77, has recently published Incident at Cali Station, a contemporary military/political novel. The book has been nominated for the 2003 William Y. Boyd Literary Award for excellence in military fiction. Results will be announced in early 2000.

John (Mike) Reed, BA, English, ’73, worked in the alcohol and drug counseling field for 20 years. He is currently writing a common sense book on the subject.

Patricia Roland-James, BA, psychology, ’79, has published a thriller novel entitled Raven: The Praying Bird.

1980s
Terry Adair, BA, biology, ’83, is busy with his midtown Sacramento dental practice. He and his wife, Deborah Adair, BA, English, ’84, have three children who are active in sports.

T. Charles Baker, BA, communication studies, ’84, has recently been named director of Global Ocean Transportation at Nike, Inc. His wife, Bonnie Heaton, BA, counseling, ’85, has been named guidance counselor at Beaverton High School in Oregon. Charlie, Bonnie and their 4-year-old chocolate Labrador retriever, Hazel, have relocated from Long Beach, Calif., to Beaverton, Ore.

Laura Dax Honda, BA, environmental studies, ’88, teaches a fourth-grade class which engaged in many energy-related projects that helped Manor Elementary School in Fairfax, Calif., win first place in the elementary category of the 2002-2003 Alliance to Save Energy’s Earth Apple Awards. Student activities included a survey of student knowledge of energy and an experiment to discover which color roof stays coolest. The Alliance to Save Energy’s Green School Program created the award to acknowledge the accomplishments of K-12 schools that involve students in saving energy in their school buildings. Between March 2002 and February 2003, Manor Elementary saved 16 percent on its electricity bill.

Corey J. Hudson, MA, special education, ’81, is currently the executive director of Canine Companions for Independence, Santa Rosa, Calif.

Martin Klein, BA sociology and psychology, ’82, is an associate dean at the Yale University Graduate School of Arts and Sciences. He is responsible for admissions, finance, career services, student life and teaching fellow training. Prior to joining Yale, he served as associate dean for primary care and assistant professor of community and preventive medicine at New York Medical College. Martin received his MPH from Yale School of Medicine and his PhD in sociomedical sciences from Columbia University.

Katherine Rhode, BA, physics, ’89, recently earned her PhD in astronomy at Yale University where she held a NASA Graduate Student Researchers Program fellowship. She is now an NSF Astronomy and Astrophysics Postdoctoral Fellow, dividing her time between Yale and Wesleyan University, where she earned an MS in astronomy in 1997.


1990s
Jason Alexander, BS, physics, ’92, is a marketing manager of organic light emitting diode displays for OSRAM in San Jose, Calif. He earned an MS in physics in 1995 at Indiana University-Purdue University at Indianapolis.

Stephen K. Mosier, BA, physics, ’90, is a clinical anesthesiologist and assistant professor in the Department of Anesthesiology and Critical Care at the University of California, San Francisco. He earned his MD at the State University of New York at Brooklyn in 1998 and completed his residency in anesthesiology at the University of Pittsburgh in 2002.

Elliot Werk, BS, geology, ’80, is currently a state senator for the 17th district in the Idaho State Legislature. Sen. Werk is a small business owner and geologist. He also completed post-graduate courses at the University of Arizona at Tucson and Harvard University. He is a member of the Commerce and Human Resources, Education, and Local Government and Taxation committees. He also serves as president of the Franklin Randolph Bench Neighborhood Association.

Nancy Rhodes, BA, social sciences, ’92, obtained a master’s degree in behavioral science. She now serves as a senior deputy with the Lake County Probation Department.

Drew Simmons, BA, psychology, ’93, earned a doctor of chiropractic degree, cum laude, from the Life Chiropractic College West in Hayward, Calif. He has a practice in Los Angeles and has published a book entitled, A Path of Peace With God.

2000s
Kim van Ruiten, BA, liberal studies, ’02, and teaching credential, ’03, has accepted a mid-year position as a kindergarten teacher at Village School in the Rio Linda Union School District in Sacramento County.
OUR NEW WEB SITE has something for everyone

SPECIAL ACCESS PAGES — Get links and resources for specific groups all on one page:
- students
- faculty & staff
- future students
- alumni
- friends & community

UP-TO-DATE INFORMATION — See what’s new at SSU on the home page and in the Newsroom.

EVENTS GALORE — Find out everything that’s happening on campus with the new Calendars page and This Week at Sonoma.
Click on Calendar on the left side of the home page to access the main University calendar and other campus calendars.
Scan This Week at Sonoma for highlighted events.
CAMPUS BEAUTY

A swallowtail butterfly rests on a salvia flower in SSU’s Butterfly Garden. Tucked away in the northeast corner of campus, the Butterfly Garden and the neighboring Native Plant Garden are open to the public. A booklet to accompany the self-guided tour is available at the SSU Bookstore. See the story on the SSU native plant propagation course on Page 10.