Adapted Physical Education Added Authorization (APEAA)

The APEAA permits the teaching of Adapted Physical Education in the public schools to pupils from birth through 21 years of age. The program at SSU is housed in the Kinesiology Department. In order to qualify for an APEAA, the candidate must hold one of the following teaching credentials: (1) Single Subject Physical Education, (2) Multiple Subjects, or (3) Education Specialist. The candidate must also demonstrate competency in Kinesiology and complete the coursework in the APEAA program, as well as student teaching/fieldwork, and a culminating portfolio. Interested candidates should contact Dr. Elaine McHugh at elaine.mchugh@sonoma.edu.

Background Coursework in Kinesiology

The California Commission on Teacher Credentialing requires that candidates for the APEAA demonstrate competency in Kinesiology, in addition to completing the program requirements. They can demonstrate this competency in one of two ways: (1) passing the CSET for Physical Education, or (2) completing 12 units of coursework in Kinesiology and Motor Development. The 12 units consist of the following*:

Motor Development (required);
   KIN 410 Lifespan Motor Development (3 units)

9 units from other Kinesiology and related courses:
   Anatomy
   Elementary Physical Education (methods)
   Secondary Physical Education (methods)
   Pedagogy courses for specific activities (e.g., fitness, individual/team sports, self-defense, dance, gymnastics, etc.)
   Curriculum and Assessment in Physical Education
   Exercise Physiology
   Biomechanics
   Psychological Bases of Human Movement
   Exercise Prescription
   Other courses as approved by the APE Coordinator

*NOTE: As part of the APEAA program, candidates must take Anatomy, a prerequisite for Kin 242 Principles of Musculoskeletal Injuries, and statistics and motor development, prerequisites for Kin 426. Anatomy and Motor Development can count toward the required 12 units.
Department of Kinesiology  
Sonoma State University

Adapted Physical Education Added Authorization

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDSP 433/400</td>
<td>Teaching Adolescents w/ Sp Ed Needs OR Foundations Special Education</td>
<td>3</td>
</tr>
<tr>
<td>EDSP 422A&amp;B</td>
<td>Case Management &amp; Transition Planning in Special Education(3)/Participant Observation/Fieldwork(1)</td>
<td>3/4</td>
</tr>
<tr>
<td>KIN 306</td>
<td>Aquatics</td>
<td>1</td>
</tr>
<tr>
<td>KIN 325</td>
<td>Introduction to Adapted Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>KIN 242</td>
<td>Principles of Musculoskeletal Injuries</td>
<td>3</td>
</tr>
<tr>
<td>KIN 425</td>
<td>Seminar in Adapted Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>KIN 426</td>
<td>Individualized Assessment &amp; Program Design</td>
<td>4</td>
</tr>
<tr>
<td>KIN 427</td>
<td>Individuals with Disabilities in Educational and Recreational Settings</td>
<td>3</td>
</tr>
<tr>
<td>KIN 430C</td>
<td>Field Experience in Adapted Physical Education</td>
<td>2</td>
</tr>
</tbody>
</table>

**Total: 26 units**

Prerequisites to APE courses:

- EDSP 433/400, KIN 325, 306, and 427 – NONE
- KIN 242 – Anatomy
- KIN 425 and 430C – (KIN 325)
- KIN 426 – KIN 325, Statistics, KIN 410 Lifespan Motor Development
Pathways for Completing an Added Authorization in Adapted Physical Education

**Undergraduate SSU Kin major** planning to teach APE in the public schools:
1. Coaching education concentration (other concentrations are also possible)
2. Complete the coursework for the APEAA
3. Take the CSET in Physical Education
4. Apply for and complete the credential program in PE, including APE Student Teaching
5. Complete APEAA portfolio

**Single Subject PE Candidate** planning to teach APE in the public schools:
1. Take the CSET in Physical Education OR demonstrate competency in Kinesiology through coursework (undergraduate PETE major or 12 units of approved courses)
2. Complete the coursework for the APEAA
3. Apply for and complete the credential program in PE, including APE Student Teaching
4. Complete APEAA portfolio

**Education Specialist or Multiple Subjects Credential Candidate**
1. Complete background coursework in Kinesiology OR CSET in PE
2. Complete the coursework for the APEAA, including APE student teaching
3. Complete APEAA portfolio

**Credentialed PE Teacher**
1. Complete coursework in APE, including fieldwork under an APE teacher
2. Complete APEAA portfolio

**Credentialed Educational Specialist or Multiple Subjects Credential**
1. Complete background coursework in Kinesiology OR CSET in PE
2. Complete the coursework for the APEAA, including fieldwork under an APE teacher
3. Complete APEAA portfolio