The KIN 430/Field Experience Process

All Kinesiology Concentrations have a 1-3 unit Field Experience requirement. The purpose of this requirement is to provide students with an opportunity to experience firsthand the work environment associated with the Kinesiology careers in their concentration. The process by which students have their field placement setting approved by their concentration advisor, register for the course and complete the requirements for the course is outlined below.

Steps in the KIN 430 process:

1. Meet with your concentration advisor to discuss concentration-appropriate field experience placements.
2. Get the KIN 430 Field Experience form, either from the KIN office or online at sonoma.edu/kinesiology (under department forms/individual studies). This form is what you will need to register for KIN 430 units. Field Experience credit is one unit for 30 hours. Students can sign up for one, two, or three units in a semester. The KIN 430 form must be filed with the Department (with signatures) before you begin your field study hours.
3. Fill out the KIN 430 Field Experience form. It should include a written job description and what materials you must hand in at the end of your placement to get credit.

Filling out the KIN 430 Field Experience form:

a. In conjunction with your supervisor (or, in APE, with your concentration advisor), develop a written job description.

b. Have the supervisor sign the form before bringing it to your KIN advisor for signature. (In APE, since you will be completing hours in several different settings, the concentration advisor may sign as your supervisor.)

c. Bring the form to your Concentration Advisor for signature.

d. Discuss with your Concentration Advisor what written work they expect you to hand in at the completion of your hours and when you should hand that in.

e. Your Concentration Advisor must sign the form and forward it to the Kinesiology Chair for signature. Keep a copy of the completed form for your records.

f. After all the signatures have been obtained, the Administrative Coordinator will explain how to add the class.

4. At the end of the experience obtain written verification of your participation in his/her program. This will be part of what you hand in to your Concentration Advisor at the end of your placement. Some concentrations require a written evaluation by your supervisor regarding the quality of your performance in the fieldwork experience.

KIN 430A Field Experience in Physical Education (1-3)
Provides upper-division kinesiology majors experiences in teaching in K-12 public or private school setting. Course requirements include a work journal, development of a personal portfolio, and verification of completion by immediate supervisor. Prerequisites: completion of 10 units in physical education concentration related to specific field experience; C average in major and support courses.

KIN 430B Field Experience in Interdisciplinary Studies (1-3) [Use KIN 430E until final approval is received.]
Provides qualified upper-division students an opportunity to gain experience in an area related to their interdisciplinary concentration. Course requirements include the development of a personal portfolio, a log of completed hours, a daily journal describing experiences and duties, and verification of completion by immediate supervisor. Prerequisites: completion of a minimum of three support and/or core courses related to the field experience; C average in major and support courses.

KIN 430C Field Experience in Adapted Physical Education (1-3)
Provides upper-division kinesiology majors specializing in adapted physical education an opportunity to work with individuals with disabilities in school or other settings. Course requirements include a daily journal, development of a personal portfolio, and verification of completion by immediate supervisor. Prerequisites: KIN 325; C average in major and support courses.

KIN 430D Field Experience in Exercise Science (1-3)
Provides qualified upper-division students an opportunity to gain experience in either applied exercise physiology, biomechanics, or physical therapy. Course requirements include the development of a personal portfolio, a log of completed hours, a daily journal describing experiences, and verification of completion by immediate supervisor. Prerequisites: completion of a minimum of three support and/or core courses related to the field experience; C average in major and support courses.

KIN 430E Field Experience in Lifetime Fitness (1-3)
Provide qualified upper-division students an opportunity to gain experience in private and public fitness settings. Course requirements include, but are not limited to a daily journal describing experiences, a log of completed hours, and verification of completion by an immediate supervisor. Prerequisites: completion of a minimum of three support courses and/or core courses related to the field experience, C average in major and support courses.