Please click on the desired cycle

**Cycle 1**
- August 17 - August 23
- September 14 - September 20
- October 12 - October 18
- November 9 - November 15
- December 7 - December 13

**Cycle 2**
- August 24 - August 30
- September 21 - September 27
- October 19 - October 25
- November 16 - November 22

**Cycle 3**
- August 31 - September 6
- September 28 - October 4
- October 26 - November 1
- November 23 - November 29

**Cycle 4**
- August 31 - September 6
- September 28 - October 4
- October 26 - November 1
- November 23 - November 29
Hawaiian BBQ Chicken
Hawaiian BBQ Ribs
Stir Fried Vegetables
Macaroni Salad
Fried Rice
Lunch/Dinner

Monday
Cycle 1

Beef Bourguignon
Mashed Potatoes
Seasonal Vegetables
Creamed Spinach Gratin
Mushroom Tart
Vietnamese BBQ Chicken
Lemongrass Beef
Spring Rolls
Asian Chopped Salad
Jasmine Rice
LUNCH / DINNER

WEDNESDAY
CYCLE 1

Burrito Bar
Beans
Red Rice
Salsa Bar
Chile Verde
Grilled Chicken
Chef Larry’s Famous Gumbo

Rice

Hushpuppies

Sautéed Greens

Red Beans
LUNCH / DINNER

FRIDAY
CYCLE 1

Persian Lamb
Pomegranate Chicken
Samosas
Persian Rice
Garlic Broccoli
Roast Turkey and Gravy
Mashed Potatoes
Stuffing
Carrots and Peas
Cranberry Sauce
Rolls
LUNCH/DINNER

SUNDAY
CYCLE 2

Poulet Basquaise
Roasted Potatoes
Seasonal Vegetables
Cauliflower Gratin
French Onion Crostini
Salmon Teriyaki
Beef Teriyaki
Stir Fried Vegetables
Gyoza
Vegetable Yakisoba
LUNCH / DINNER

TUESDAY
CYCLE 2

Chicken Enchiladas
Cheese Enchiladas
Refried Beans
Red Rice
Salsa Bar
BBQ Ribs
Andouille Sausage and Chicken
Baked Beans
Mac and Cheese
Sautéed Greens
Beef and Broccoli
Fried Wontons
Fried Rice
Szechuan Cauliflower
Asian Green Beans
Shrimp and Sausage Muffaletta
Maque choux
Black Eyed Peas
Grits
LUNCH / DINNER

SATURDAY
CYCLE 2

Cha Cha Bowl
Black Beans
Rice
Pineapple Salsa
Sweet Plantains
LUNCH / DINNER

SUNDAY
CYCLE 3

Tandoori Chicken
Rice
Raita
Indian Peppers and Onions
Samosa
Lentil Stew
Kalua Pig
Rice
Macaroni Salad
Ginger Cabbage
Coconut Wontons
Teriyaki Chicken
Grilled Steaks
Baked Potatoes
Creamed Corn
Snap Peas
Portobello Mushrooms
Chicken Tikka Masala
Naan
Rice
Sautéed Greens
Raita
Curry Potatoes and Peppers
LUNCH / DINNER

THURSDAY
CYCLE 3

Sweet and Sour Chicken
Stir Fried Vegetables
Potstickers
Rice
Egg Rolls
Fish Tacos
Rice
Beans
Pineapple Salsa
Jalapeño Cole Slaw
Fried Chicken
Sautéed Greens
Corn Bread
Roasted Corn on the Cob
Roasted Potatoes
Kung Pao Chicken
Stir Fried Vegetables
Rice
Egg Rolls
Mu Shu Pork
LUNCH / DINNER

MONDAY
CYCLE 4

Quesadilla Bar
Rice
Beans
Salsa Bar
Carne Asada
Grilled Chicken
Lunch/Dinner

Tuesday
Cycle 4

Lemongrass Chicken
Beef Rendang
Green Curry Green Beans
Fried Rice
Pumpkin Curry
Beef Stroganoff
Egg Noodles
Seasonal Vegetables
Braised Sweet and Sour Cabbage
Potato Dumplings
Coq au Vin
Mashed Potatoes
Green Beans
Onion Gruyère Tart
Cauliflower Gratin
Chicken Cordon Bleu
Rice Rilaf
Roasted Vegetables
Grilled Asparagus
Mushroom Spinach Croque Monsieur
Turkey Meatloaf
Mashed Potatoes
Carrots and Cauliflower
Gravy
Rolls