LUNCH
SUNDAY CYCLE 1
Kung Pao Chicken
Vegetarian Egg Rolls
Rice

DINNER
Santa Maria Tri-Tip
Baked Potato Bar
LUNCH

Sloppy Joes
Sweet Potato Fries
Cole Slaw

DINNER

Persian Chicken
Persian Dirty Rice
Persian Salad
LUNCH

TUESDAY
CYCLE 1

Chile Cheese Enchiladas
Rice

DINNER

Irish Stew
Potato Wedges
Broccoli
LUNCH
WEDNESDAY
CYCLE 1
Chicken Teriyaki
Gyoza
Rice

DINNER
Pulled Chicken Sandwich
Southern Slaw
THURSDAY
CYCLE 1

LUNCH
Poulet a la Reine
Rice Pilaf
Roasted Vegetables

DINNER
Fish Tacos
Salsa Bar
LUNCH
- Spaghetti Bolognese
- Garlic Bread

DINNER
- Turkey Meatloaf
- Mashed Potatoes
- Carrots and Peas
LUNCH

SATURDAY
CYCLE 1

Chicken Chile Verde
Rice and Beans

DINNER

Tandoori Chicken
Rice
Indian Vegetables
LUNCH

SUNDAY
CYCLE 2

Grilled Cheese
Tomato Soup

DINNER

Turkey Pot Pie
LUNCH

MONDAY
CYCLE 2

Thai Beef Salad
Sweet Potato with Thai Curry

DINNER

Clam Linguine
Garlic Bread
LUNCH

TUESDAY  
CYCLE 2

Chicken Rice-A-Roni  
Garlic French Fries  
Broccoli

DINNER

Chicken Yakisoba  
Sunomono Salad
LUNCH

WEDNESDAY CYCLE 2

Shrimp and Hot Sausage
Spoon Bread

DINNER

Chicken and Chorizo Paella
LUNCH
THURSDAY
CYCLE 2
BBQ Chicken & Ribs
Black Eye Pea Cassoulet

DINNER
Shepherd’s Pie
LUNCH
FRIDAY CYCLE 2
Orange Chicken
Steamed Rice
Egg Rolls

DINNER
Beef and Broccoli Stir-Ftry
Fried Wonton
Rice
LUNCH
SATURDAY CYCLE 2
Philly Cheesesteaks
Potato Wedges

DINNER
Roasted Salmon
Rice Pilaf
LUNCH
SUNDAY
CYCLE 3
Chicken Cha Cha Bowl
Pineapple Salsa

DINNER
Kahlua Pig
Macaroni Salad
Rice
LUNCH

MONDAY CYCLE 3

Grilled Sausages

DINNER

Cajun Blackened Fish
Collard Greens
Rice
LUNCH
TUESDAY
CYCLE 3
Garlic Beef
Rice
Sesame Noodles

DINNER
Lasagna
Garlic Bread
LUNCH
THURSDAY
CYCLE 3
Fish Provencal
Roasted Vegetables

DINNER
Beef Bourguignon
Egg Noodles
LUNCH
FRIDAY
CYCLE 3
Swedish Meatballs
Rice
Grilled Vegetables

DINNER
Taco Bar
LUNCH
SATURDAY
CYCLE 3
Chicken Chow Mein
Pork Buns

DINNER
Creole Shrimp
Creamy Polenta
LUNCH
SUNDAY CYCLE 4
Macaroni and Cheese
Green Bean Bake

DINNER
Green Curry Chicken
Rice
Stir Fried Vegetables
LUNCH
MONDAY
CYCLE 4
Quesadilla and Salsa Bar

DINNER
Steak and Chimichurri
Roasted Potatoes
LUNCH

TUESDAY
CYCLE 4

Chicken Tikka Masala
Naan Bread

DINNER

Gumbo
LUNCH
WEDNESDAY
CYCLE 4
Pot Roast
Garlic Mash

DINNER
Roasted Tri-Tip
Baked Potato Bar
LUNCH
THURSDAY
CYCLE 4
Hawaiian BBQ Chicken
Cilantro Rice

DINNER
Jerk Chicken
Rice
Black Beans
LUNCH
FRIDAY
CYCLE 4
Clam Chowder

DINNER
Chicken Cordon Bleu
Mashed Potatoes
LUNCH
SATURDAY
CYCLE 4
Carolina Pulled Pork
East Coast Coleslaw

DINNER
Grilled Bratwurst
German Potato Salad