Philosophy 101: Critical Thinking
Dr. Zeno G. Swijtink
Paper #2: Group Process Report

YOUR NAME: ____________________________

Please return this workreport, with your answers and comments, placed at the end of the Binder. Each student needs to write her/his own report.

Emotional Intelligence

During the project I improved my Emotional Intelligence in the following ways:

**Self-awareness.** The ability to recognize and understand personal moods and emotions. It drives their effect on others. Hallmarks of self-awareness include self-confidence, realistic self-assessment, and a self-deprecating sense of humor.

**Self-regulation.** The ability to control or redirect disruptive impulses and moods, and the propensity to suspend judgment and to think before acting. Hallmarks include trustworthiness and integrity; comfort with ambiguity; and openness to change.

**Motivation.** A passion to work for reasons that go beyond money and status. A propensity to pursue goals with energy and persistence. Hallmarks include a strong drive to achieve, optimism even in the face of failure, and organizational commitment.

**Empathy.** The ability to understand the emotional makeup of other people. A skill in treating people according to their emotional reactions. Hallmarks include expertise in building and retaining talent, cross-cultural sensitivity, and service to clients and customers.

**Social skills.** Proficiency in managing relationships and building networks, and an ability to find common ground and build rapport. Hallmarks of social skills include effectiveness in leading change, persuasiveness, and expertise building and leading teams.
Further Questions about the work you did:

1. Writing: Explain what you did in the writing, correcting, and rewriting of the problem

2. Conceiving/Researching: Explain what you did in the conceiving and researching of the project.

3. If you set your own contribution to the plan at 100%, as a benchmark, what estimate do you give for the contribution of your other group members? List names and percentages; this may be either higher or lower; so 50% means that you think this group member contributed overall half of what you did, 200% means twice as much as you did.
   
   b. ____________________, ___%  
   c. ____________________, ___%  
   d. ____________________, ___%  
   e. ____________________, ___%